

Clean & Green

Environmentally Friendly Housecleaning Products

Websites

www.Seventhgeneration.com – The nation's leading brand of non-toxic and environmentally safe household products.

www.gaiam.com – A lifestyle company that focuses on sustainable economy and personal development.

www.ecobusinesslinks.com – A green directory with links for things like organic food, cheap solar energy, a sustainable house, organic cotton, organic farms, and eco-products

www.doi.gov/greening/index.html - U.S department of the Interior.

Books

Clean & Green: The Complete Guide to Non-Toxic and Environmentally Safe Housekeeping, by Annie Berthold-Bond.

Clean House, Clean Planet, by Karen Logan.

The Naturally Clean Home: 101 Safe and Easy Herbal Formulas for Non-Toxic Cleansers, by Karyn Siegal-Maier.

Natural Beauty at Home: More Than 250 Easy to Use Recipes for Body, Bath, and Hair, by Janice Cox.

Solve it with Salt, by P. Moosebrugger.

Recipes

Bathroom Drain Cleaner

1 cup salt
1 cup baking soda
½ cup vinegar

Mix salt, baking soda and vinegar and pour into the drain. Let stand 15 minutes and flush with 2 quarts boiling water followed by hot tap water for 1 minute.

Disinfectant Scouring Powder

1 cup baking soda
¼ cup Borax

Place baking soda and Borax in a bowl and mix. Place ingredients in a sugar shaker and shake over surface to be cleaned. Rub into surface with a damp sponge. Let rest on the surface to absorb odors. Rinse thoroughly.

Super Window Cleaner

3 Tablespoons cornstarch

½ cup water

Put ingredients in a bowl and mix well. Dab a soft, 100% cotton rag into mixture and rub on the window. At first there will be a film, but as you keep rubbing, your windows will become extraordinarily clean.

Quick Fixes with Common Household Items

Air Freshener – Cut an orange in half, remove the pulp, and fill the peel with salt.

Fishy Smell – Mix 2 tablespoons dry mustard with ½ cup of water and wash the areas that smell like fish with the mixture.

All-purpose Metal Cleaner – Rub a dab of toothpaste on the metal with a clean cloth, until the metal is shiny.

Remove Mud from Carpet – Rub salt on the mud. Let it rest for an hour or so, and then vacuum thoroughly.

Coffee Stain Remover – Rub club soda into the spot. Sprinkle with salt. Let the mixture rest for a few minutes, then rinse with a damp sponge.

Berry Stains – Soak the berry stained item in milk.

Ink Stains – Soak stain in lemon juice or soak in milk.